

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
JULY 2010-Community Outreach						
				1 No MB Office Closed for Canada Day	2 MB 9-5 MOW's <i>RSVP</i> <i>Manor/TRP</i> <i>Dinner</i>	3
4	5 MB 9-1 MOW's	6 MB 10-3 Manor/TRP Dinner 12:00pm Movie to follow	7 MB 9-1 MOW's	8 MB 9-5 Eucherama 10-3pm 	9 MB 9-5 MOW's	10
11	12 MB 9-1 MOW'S <i>RSVP Dining</i> <i>for Seniors</i>	13 MB 10-3 10:30AM Brain Bingo	14 MB 9-1 MOW's	15 MB 9-5 Dining For Seniors 11:30 RLV-Multi- Purpose Room	16 MB 9-5 MOW's <i>RSVP Women's</i> <i>Breakfast</i>	17
18	19 MB 9-1 MOW	20 MB10-3 9am Women's Breakfast Manor Lounge	21 MB 9-1 MOW's	22 MB 9-5 W.T.C 10:30am 	23 MB 9-5 MOW's	24
25	26 MB 9-5 MOW's	27 MB 10-3 	28 MB 9-1 MOW's Travelling Diners 10:30 Senior Prom 6:30 pm Multi-purpose room	29 	30 MB 9-5 MOW's	31

MOW's- Meals on Wheels

MB- Mobility Bus

Our programs are open to seniors, those with disabilities, and those recuperating from injury, illness, and accident in West Perth.

**** Please Note:** If you sign up for a program and cancel lastminute or do not show – you will need to pay for yourmeal as we need to RSVP to caterers by RSVP dates!

Volunteers are ALWAYS needed. If interested, please contact our office.

MITCHELL AND AREA COMMUNITY OUTREACH



JULY 2010 Office: 519-348-9765



Canada Day: July 1st. **Have a great Day!** Office is closed. No Mobility Bus.

Manor/TRP Dinner: Tuesday, July 6th. Join us in the **Main Dining Room** (Ritz Villa). Please call the office to sign up or sign sheets in the Manor. Cost: \$9.00. **RSVP by July 2nd.**

Manor Movie to follow Dinner in Manor Lounge. Cost: \$1.00.

Eucherama: Thursday, **July 8th** at the Community Centre. 10 - 3pm. *Please note: Eucherama will be located in the ice rink area due to floor resurfacing.* Bring a sweater (just in case). Cost \$6.00 Lunch Provided.

Brain Bingo: July 13th at 10:30^{am}. Manor Lounge, Open to all! Cost \$2.

Dining for Seniors: July 15th ****PLEASE NOTE CHANGE IN LOCATION for July Only at: Ritz Lutheran Villa, Multi-purpose Room.**

Time: 11:30-2pm. Cost \$11.00. Caterer: MariBeth Nevin. Entertainment: The Satchell Band. Please RSVP by July 12th.

Women's Breakfast: July 20th at 9am. In the Manor Lounge. Cost: \$7.00. *Please RSVP by July 16th.*

Play Trips! Don't delay, book your Play Trip today!

This Month: "Border Town". July 13th at Blyth Festival Theatre/Show at 2pm.

Next Play: August 4th **"Marriage, There's Nothing Like It"** at Walter's Theatre. Meal at 12 noon, Show to follow. Cost: \$85.00

Travelling Diners: Wed., July 29th to the Harvest Moon in St. Jacobs. "Bring a friend! Cost \$11.00. Leaving at 10:30am. (Need 8 people for trip to take place.)

Wellington Terrace Coffee Hour: Thursday, July 22nd. Guest speaker: Laura Brown, of the Alzheimer's Society.

Shopping Trips: Next Trip will be in August to Goderich. Bring your friends! *(Shopping trips will be occurring every other month)* **Next trip in October.**

SENIOR PROM: July 28th. **Social at 6:30 pm / Dance at 7:00 pm.**

Location: Multi-purpose Room (Ritz Villa) **OPEN TO ALL!** Get your **tickets** at Community Outreach or call to hold your spot. Dance to fabulous music provided by our very own D.J. and talented pianist; Kirsten Passchier! Cost is \$7.00. Refreshments and snacks provided!



Outreach Office 519-348-9765

Easyride 519-272-9875



Mitchell & Area Community Outreach

PRESENTS A PLAY TRIP



Wednesday, August 4th to
Walter's Theatre



"Marriage, There's Nothing Like It"



**\$85.00 includes: Show, Dinner
and Transportation**

Next Play Trip: Wednesday, September 1st
To: Huron Country Playhouse



"Dance Legends"

Please Call Outreach at 519-348-9765.

Don't Delay! Call Today!
(Limited seating available)